

ABSTRACT

This research dissertation explores Gestalt therapists' subjective experiences of the phenomena of intuition. An exploration of the relevant literature is carried out with a focus on how paradigm shifts in consciousness throughout the centuries have influenced our thinking and understanding of the phenomena of intuition.

A qualitative phenomenological method is employed to gather information taking the form of semi-structured interviews lasting 45 to 60 minutes each. The data is analysed using a modification of Smiths interpretative phenomenological method.

The study shows that the intuitive experience impacts four levels of human experiencing: physical, mental, emotional and spiritual.

It would appear from this research that Gestalt therapists are working utilising their intuition but their experiences appear not to have been researched and recorded to date. The author suggests that Gestalt therapy with its contemporary focus on a more dialogic approach and with the emphasis placed on the therapist's presence, in the fullness of their experiencing, is well placed to lead further research in this area. Indications for further research are suggested.