

Abstract

This research was concerned with the experiences of Lesbian Gestalt therapists, in respect of shame arising from their Lesbian identity. Through the use of qualitative grounded theory data collected through a small number of semi structured interviews, a number of key categories emerged. The essences of these categories were conceptualised into the concept of "living with marginalisation". The author argues that the experiences of Lesbian Gestalt therapists remain largely hidden. This study concludes with the author's reflections and considers the relevance of the study to Gestalt therapy with suggestions for further research.

Key words: Lesbian, Gestalt, Shame, Marginalisation