

Abstract

This paper presents an autoethnographic enquiry of my experiences of addiction, my pursuit for existential freedom and an exploration of power and human relationship; all through the lens of identity. This is my story. My story for you, the reader. I conducted this autoethnography to give the reader a narrative, within which to view and identify the addicted person. To offer an insight into my experience, with the hope of conveying hope and/or insight in return to others. My want is for practitioners, family members or layman to devour this piece of work, because although my story may differ from those you know, this story will also hold so many similarities to *your* someone. This is my story. I want to share this with you. My redemption. My absolution. My life.