

Abstract

In this dissertation, I examine a Humanistic and Integrative way of working with shame wounds that interrupt the grieving process. I offer my rationale for the practice framework, demonstrating safe and ethical practice. A literature review offers an historical context of grief and grief models, followed by an overview of shame and an examination of its causes. Using a case study methodology I intend to demonstrate, how shame wounds that impede the grieving process, can be healed in a humanistic and integrative therapeutic reparative relationship, thus allowing the grieving process to continue.