

## **Abstract**

This dissertation investigates the impact and treatment of conditions of worth within a humanistic and integrative setting. I start by writing an introduction that examines why I chose the subject of conditions of worth. I will outline my rationale for practice, which I will later demonstrate in my case study. The dissertation contains a literature review that examines the origins of conditions of worth and how to work with them in clinical practice. I will conclude with what I have discovered and learned in the process of writing this dissertation.