

Abstract

My personal experiences of loss and placement work in a grief Centre have developed my particular interest in grief in my clinical practice.

This dissertation explores the development of grief theory, contemporary work in this field and its relationship with a humanistic integrative approach to therapy. I present this work in a literature review including critical analysis.

My work includes a philosophy and rationale to practice before relating this to a case study client suffering in grief. I conclude by reflecting upon my learnings.