

## **Abstract**

This abbreviated grounded theory study explored how integrative psychotherapists work with Borderline Personality Disorder (BPD), particularly during the early stages of psychotherapy. Data gathered from interviews with seven qualified integrative psychotherapists was analysed using grounded theory methods. The resulting framework presents findings across six major categories. Specific areas requiring increased attention were identified when working with BPD within an integrative approach to psychotherapy. Psychotherapists expect this work to be difficult and require additional supervision support in managing countertransference. There is a high perception of risk when working with BPD, which is not reflected in the psychotherapists' reported experience. This discrepancy may be related to how we discuss and write about BPD and the need for rehabilitating BPD within integrative psychotherapy as recommended in this research.