

## Abstract

More and more psychotherapists acknowledge that the relationship is the key to therapeutic, reparative relationship and successful outcome. This dissertation will explore relational modalities, interventions needed to create reparative relationship with bereaved clients. I will describe my Humanistic and Integrative therapeutic rationale for practice, outlining my foundation for creating a safe space, secure base, considering the impact of early development, attachment styles and unmet needs for facilitating change. My literature review explores the developmentally needed/reparative relationship. I follow this by a case study, where I demonstrate my Humanistic and Integrative approach in the process of achieving therapeutic repair.