

## **Abstract**

This text offers an exploration of therapist's experience of love in relationship with clients. Love is a word that has assumed particular implications within psychotherapy over time, and the literature points towards the risks of love in therapy. However, Humanistic and integrative relational psychotherapy approaches point towards an underlying presence of love in therapy. This text offers an analysis of my personal approach to practice that draws in Humanistic and integrative approaches and how this can be seen as being in a loving therapeutic relationship. Clinical case study material illustrates the presence of love in therapeutic practice.