

Abstract

This dissertation is written to demonstrate how the traditionally psychodynamic phenomena of transference might be experienced from a Humanistic and Integrative perspective.

There are three key parts to this work; a rationale for practice, a literature review for the stated area of interest, and a case study. The rationale explores personal, professional and ethical philosophies; the literature review examines the concept of transference from both historical and contemporary perspectives. By necessity, this is a personal view, given the breadth of writing on this subject. Finally, the case study illustrates how transference phenomena, particularly idealising transference, may be integrated in clinical practice.