

Abstract

My dissertation will inform the reader of the impact that bereavement through suicide has on a person. How the significance of my research and philosophical belief has gone toward creating the foundation for interventions, using the Humanistic Integrative modality of Psychotherapy. It also demonstrates how the creation of a therapeutic relationship, acting as the vehicle for change creates the opportunity to move towards adapting to a new way of life and meaning after a significant loss.

It will also explain the development of my increasing knowledge and understanding of the Humanistic Integrative concepts of practice, theory and philosophy. I also demonstrate the significance of working ethically.

The dissertation is presented in five parts: i) The introduction, ii) The Rationale for Practice, this explains my philosophy and the rationale for integration, iii) The Literature Review, the research I undertook into grief after suicide and an evaluation of the text, iv) The Clinical Case Study, using case study methodology is based on the experiences and interventions that take place over 28 sessions whilst supporting one of my clients who has been bereaved through suicide, v) The Conclusion contains my reflection of the experiences I have encountered in writing this dissertation.