

# Abstract:

This dissertation explores, from a Humanistic and Integrative perspective; the relationship or betweenness of two psychological phenomenon's'. "Intersubjectivity" (Atwood & Stolorow, 1984 p84) is termed as, "the interplay between the differently organised subjective worlds" (Atwood & Stolorow, 1984, p 41). The "working alliance" (Clarkson, 2010 pp 8-10), is termed as, "the crucial and sometimes only relationship necessary for effective therapy" (Dryden, 1984 cited in Clarkson, 1992 p293). At the core of this dissertation is my belief that the quintessential purpose of the human spirit is to seek unity - "My Humanity is bound up in yours, for we can only be human together" (Archbishop, Desmond Tutu, 1984). My intention therefore, is to enhance an understanding of: How does the therapist utilise the intersubjective process to establish Rogers' "6<sup>th</sup> condition" (Rogers, 1959 p213) within the working alliance? This dissertation employs a case study methodology to bring clarity to my research and its subsequent findings.

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Title: The Study of Intersubjectivity and its relationship with the Working Alliance.

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