

## **ABSTRACT**

The aim of my dissertation is to show my learning and development over the past three years of a Counselling and Psychology degree course I chose to base my research on the subject of 'Intersubjectivity' because I felt that this was an area that would offer me significant theoretical learning and personal development. It also informed my practice which I feel is relational based. My work will include a rationale of my practice, a literature review on how intersubjectivity informs humanistic therapy and a case study, where I hope to show an example of how I use intersubjectivity in my clinical practice.

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