

## ABSTRACT

This dissertation focuses on the question “how does the attachment style of the therapist impact the therapeutic alliance”? Working relationally is a central tenant of therapeutic practice, therefore attendance to self as well as other is an important element of a therapist's work.

Using material from a single case study along with a substantive review of relevant literature, I will show that a therapist's attachment style has as much impact on her relationship and the building of an alliance with her clients, as does the theory from which she bases her approach. The purpose of this work is to bring awareness to the potential impact of a therapist's attachment style within the therapeutic dyad. I offer for consideration, the implications of my findings both on therapeutic training and professional practise, whilst also outlining suggestions for potential redress.