

ABSTRACT

The subject I have chosen for my dissertation is 'Being aware of Vicarious Trauma Working as a Humanistic and Integrative Psychotherapist'.

Split into three parts, it covers: Part I – A statement of my professional practice including ethical considerations, context for practice and my philosophy which provides details of the Humanistic theories I draw from and the theories I integrate. Part II - A literature review including an overview of vicarious trauma and its implications in clinical practice and Part III – My case study, which explores my therapeutic relationship with a client from the beginning of our relationship to where we are now. This includes a key episode which promoted learning for us both.

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Module 1 Dissertation Portfolio