

Abstract

The purpose of this dissertation is to explore my therapeutic intent when working with clients with a borderline personality process. I chose this subject to deepen my breadth of knowledge of the 'Borderline' client, whilst enhancing awareness within personal and professional aspects of my life.

Part I - My personal and professional rationale for practice. This demonstrates the Humanistic and Integrative theory that I draw on in relation to my philosophical beliefs and how I believe change occurs.

Part II – A literature review of my chosen subject; covering literature which the terminology 'Borderline' originates from, whilst reviewing from a humanistic and integrative approach.

Part III - A clinical case study with a client, I will aim to demonstrate my applications of the theory I have outlined in section I whilst linking relevant findings from section II.