

Abstract

This dissertation comprises of three major sections; my rationale for professional practice which outlines the philosophical and theoretical basis of my work. A literature review addressing the question “Does the available literature address the importance of the setting in which counselling and psychotherapy is practised? And if so, how is the setting important?”. The key finding from this review is that the literature does not make any substantive evaluation of the importance of the setting for therapy, and so there is also no explicit consideration of how the setting might be important. Finally there is a case study demonstrating how my rationale is reflected in my work with a client.

[110 words]