

Abstract

In this dissertation my aim has been to explore the importance of affective attunement (Stern,1985) in the reparative relationship (Clarkson,2003) with reference to both developmental and therapeutic contexts. Here, I have used Clarkson's (2003) Five Relationship Model to give some structure to my definitions of relationship.

My own experience of the reparative relationship in my personal therapy prompted me to choose this topic. I also chose to explore affective attunement as my reading led me to understand the significant role this plays in the reparative setting.

My clinical case study evidences my own therapeutic use of this relationship and my intention to attune to my client's affect.