

## **Abstract**

This is a qualitative research study into the client's subjective experience of the process which follows a rupture in the therapy alliance. The study follows a phenomenological research method, interviewing six gestalt practitioners who have experienced a rupture in the relationship with their gestalt therapist. The data was analysed and emerging themes were assigned categories to culminate in a single exhaustive description of the client's experience.

The findings from this study are debated and considered alongside the wider implications for Gestalt psychotherapy theory and practice. This concludes with recommendations for further research.