

Abstract

This study explores the phenomenology of the experience of images visualised by psychotherapists when working with clients with developmental deficits. Focusing on the nature of the images encountered by therapists and how they subsequently impact of their work, data gained from participant Integrative Psychotherapists indicated images they visualised were often powerful countertransferential and empathic response to their clients. In this regards participant reports indicated their images - often of involving early life images of babies and infants - were viewed as as valuable indicators as to the inner world states of experiences of their clients. The Images' vivid and metaphoric nature made them particularly useful for therapists in interpreting client transference and being used as indicators for psychological change.