

## **Abstract**

I interviewed six female co-participants employing a heuristic method to analyse data and generate findings that detailed the client's experience of endings with their therapist in humanistic person-centred therapy. My intent was to add to the pool of knowledge concerning aspects of the clients' experience in person-centred therapy. My findings demonstrate that where endings hold significance for a client, this impacts their therapeutic ending. My findings also show that central elements of the client's experience in a therapeutic ending are relational. Neither of these aspects of the client's experience had been adequately addressed in the available literature.