

## **Abstract**

This phenomenological study was designed to understand and explore the Person Centred psychotherapist's experience of love in the therapeutic relationship.

Four experienced psychotherapists participated in semi-structured interviews. From the data, meaning statements were extracted, analysed, grouped into themes and finally presented as a single narrative encapsulating their experiences.

The findings indicated that Person Centred therapists considered love as essential, fundamental, important and integral. Their experience and understanding of love was used to inform their practice and being able to speak openly and honestly in supervision was considered crucial.