

Abstract

This phenomenological study is an exploration designed to understand more about how the person-centred approach relates to men and masculinity and the implications of this for male person-centred practitioners. The related literature on men, masculinities and the person-centred approach is reviewed and discussed against the research findings. Data was collected through semi-structured interviews with nine participants from all over the UK, analysed through a phenomenological approach and presented in the form of an exhaustive description. Through the process of analysing the data, a range of interrelated themes emerged around the experience of being a male person-centred practitioner in relation to training, theory, practice and in terms of definitions of gender and male socialisation.