

Abstract

This phenomenological study was designed to explore the potential impact female Humanistic Person-Centred (HPC) Psychotherapists work and personal/professional development had on their relationship with their male partner, and what impact, if any it had on their therapeutic practice. It focused primarily on the life partner/husband relationship, however inevitably reference was made by the participants to other types of relationship.

Seven therapists from various locations over the UK took part in semi-structured interviews. Five of the participants were fully qualified psychotherapists; two were in the final stage of Masters training and had been in clinical practice for three years.

Meaning statements were extracted from the data and these were analysed and grouped into categories.

An exhaustive description has been provided to give an insight into the experience of the females HPC psychotherapists work had on their relationship with their husbands/male partner.