ABSTRACT

This research dissertation explored what is the Person-Centred psychotherapist's experience of intuition whilst working with clients. An examination of relevant literature was carried out with special interest paid to the nature of intuition, comparable research studies and the significance for Person-Centred psychotherapists working with intuition.

This is a qualitative piece of research using heuristic inquiry methods in an attempt to touch the core of the experiencing of the participants. Within this process my experiencing, as co-researcher, was used as a resource. Information was gathered from 8 participants who took part in semi-structured interviews lasting approximately 60 minutes. Further feedback from participants was encouraged at each stage of the data analysis resulting in a comprehensive creative synthesis vividly depicting the collective experience of intuition whilst working with clients.

This study shows how intuition plays a powerful and influential role within psychotherapy. It also demonstrates how Person-Centred psychotherapists manage the experience of intuition within their work to ensure they remain client-led and working in the best interests of their clients.