

Abstract

The subject of this study is how, from a Person-centred perspective, developing an understanding of Psychopathology and the Schizoid process supports my practice. My motivation for this study arose from working in different organisations :One without a person centred philosophy and one with. Additionally I have critically reflected upon clients stating, "There is something wrong with me" and have selected a single case study, directly related to my area of particular interest. The scope of this study is limited to considering a Schizoid process, as this was the focus of our work.

I have reviewed and researched literature to support my own process, which has enabled me to formulate an understanding of client(s). I have developed a view that nurturing our mutual endeavour in this way has supported movement for client(s).

Maintaining openness to theory from other models has had a positive impact on my practice and supported organisational relationships with therapists from different theoretical orientations. I have recognised how Person-Centred theory continues to evolve and suggested areas for development of this study to be considered.