

## **Abstract**

**Supervision is an essential component in the work of the practitioner. It is also essential and mandatory for the trainee therapist with the necessary hours being stipulated by the trainee's member organisation. Trainees are encouraged to receive clinical group supervision and for many this will mean a transition from being in supervision individually to working in a group context.**

**This though, like other transitions is demanding and challenging, yet not one explored in the literature. Following my own difficult, yet interesting transition, I became interested in the subject of: the experience of Gestalt trainees in the transition from individual to clinical group supervision. As the literature review makes clear, there is an absence of detailed studies into this experience. I use a refinement of the Stevick-Colaizzi-Keen's approach to qualitative research, "To guide human science researchers,...a method of organizing and analyzing phenomenological data..." (Mustakas 1994 pp. 121). Semi-structured interviews were conducted and analysed. This data was considered and evaluated; giving rise to implications to future training.**