

## **Abstract**

The aim of this study is to investigate the adequacy of an integrative psychotherapeutic framework with regard to issues presented by gay clients regarding their sexuality. Data was collected from both counsellors and psychotherapists who identified as integrative and worked with gay men. A two-pronged qualitative approach was taken utilising a questionnaire and followed up with a series of focus groups containing a continuing set of co-researchers. Themes from both the survey and focus groups were analysed using a grounded theory approach. The broad themes that emerged as important were difference ('felt' difference, and comfort), acceptance, training, and integration. Survey results and quotes from the focus groups were used to elaborate the data. The author acknowledges the elusive nature of the terms such as "integration" and "issues regarding gay men's sexuality" and takes a philosophical approach in their discussion. Suggestions and recommendations have resulted from the individual themes, especially regarding therapist experience and training needs.