

ABSTRACT

This study explores how Rogers' Core Conditions (1957) support a therapist working with a client through repeating patterns of abandonment, rejection and persecution. The data generated by a single case study of therapeutic work with a client presenting with these repeating patterns, is analysed using a heuristic research method. The findings are presented in the form of a discussion, which looks at the findings in relation to the literature reviewed and highlights the implications of Person Centred psychotherapy theory in practice. The validity of my research method is discussed and possible future research considered.