

**Sherwood Psychotherapy Training Institute
in association with the Institute of Pastoral Counselling**

Certificate in Reflective Practice and Pastoral Supervision



A Course for
Clergy, Pastoral Care Team Leaders,
Lay Ministers, Counsellors, Psychotherapists,
Chaplains and Spiritual Directors
to develop understanding and skills
in reflective practice
in pastoral and ministerial settings

October 2018 – June 2019

Church in our current climate faces both crisis and opportunity. Reduced clergy numbers mean that the tasks of ministry need to be reviewed, prioritised and structured as never before and good support for both ordained ministers and active lay people is more vital than ever. The changing nature of ministry at local levels means that pastoral ministers are increasingly overseeing teams and need to develop skills in line management, supervision and reflective practice that will sustain them and enable them to thrive.

What are the course aims?

The current emphasis upon Ministerial Development means that the church needs practitioners with supervisory skills to facilitate creative reflection on the work of ministry. Within a widening variety of settings, chaplains have an important role to play in fostering skills of reflective practice – particularly in relation to spiritual care – within multi-disciplinary teams. In addition, spiritual direction is increasingly seen as a life-giving ministry to the whole church and spiritual directors also need opportunities to reflect on their practice and receive supervision for their work.

The Certificate in Reflective Practice and Pastoral Supervision has been developed to address this cluster of training needs. It is a substantial course, which draws on both theological and psychological understandings of the mission and ministry of lay and ordained Christians in a variety of settings.



How will I learn?

The course operates as an ecumenical learning community where your working experience is valued as the raw material for learning. This is built upon through a variety of activities, including facilitator and student-led seminars, small group experiential tasks and reflective practice demonstrations.

Your development as a supervisor will be monitored through essay writing, seminar presentation, peer supervision activities and audio-taped sessions and assessed by yourself, your peers and the group facilitators. Assignments are designed to contribute to your practice and will form part of a portfolio of evidence of professional competence in pastoral supervision.

Who is the course for?

This course, which has been running for 7 years, may be of interest to you if:

- You would like an in-depth understanding of pastoral supervision and effectively use it to support your ministry
- You would like to foster and develop skills in spiritual care within multi-disciplinary teams
- You would like to extend your existing line management capacity, by offering supervisory input and reflective practice to team members
- You would like to draw on both theological and psychological understandings of Christian mission and ministry in a variety of settings
- You would like to offer non-threatening supervision and reflective practice to a range of pastoral practitioners.

How do I qualify?

This course is suitable for you if:

- You are currently engaged in pastoral and ministerial work in your context
- You have supervisory responsibilities within your setting
- You have at least 2 separate situations (group/individual) in which you offer pastoral supervision
- You have good listening skills
- You comply with your professional Code of Ethics.

What will I gain on completion?

On successful completion:

- You will be able to give and receive pastoral supervision, working as a reflective practitioner with individuals and within groups
- You will have met the training criteria for accreditation by the Association for Pastoral Supervision and Education www.pastoralsupervision.org.uk
- The '**Certificate in Reflective Practice & Pastoral Supervision**' is awarded by the Institute of Pastoral Counselling (www.pastoral-counselling.co.uk).

The course was originally developed in conjunction with the Diocese of Southwell & Nottingham and is recognised by APSE and by the Institute for Pastoral Supervision and Reflective Practice (www.pastoralsupervision.org.uk, www.ipsrp.org.uk).



When and where does the course take place?

The Certificate in Reflective Practice and Pastoral Supervision takes place at the Sherwood Psychotherapy Training Institute, 2 St James's Terrace Nottingham NG1 6FW

Course Dates

It will be delivered in a series of **six two-day workshops**, which normally take place on **Wednesdays and Thursdays**. As each workshop builds on the learning of the previous one, *a commitment to all 12 days is essential*.

17 -18 Oct 2018

14-15 Nov 2018

6 - 7 Feb 2019

13 -14 Mar 2019

8 - 9 May 2019

19-20 Jun 2019

What is the course fee?

The course fee is **£875**. Payment can either be made in full at the start of the course or in 4 instalments of **£234**.

How can I find out more?

Come along to our Free Taster days on Thurs 26th July & Thurs 13th Sept 2018

You can gain more information, try out some exercises and be interviewed for the course. Dates will be published on the website where you will also find a booking form to secure your place on the day.

How do I apply?

You can contact us by

- Phone: 0115 844 7904
- Email: admissions@spti.net
- downloading an Application Form from the SPTI website (www.spti.net) Please either email your completed Application Form to admissions@spti.net or send it to:
IPC Admissions @ SPTI, Sherwood Psychotherapy Training Institute
2 St James's Terrace, Nottingham NG1 6FW.



Who are the Course Facilitators?

Margaret Bazely

BA, PGCE, Dip Psychodynamic Counselling, Dip Pastoral Theol: Reg MBACP Snr Accredited Practitioner & Trainer*, UKRCP, APSE Snr Educator & Trainer, IPSRP Associate



Margaret is a Co-Director of IPC. She is an experienced therapist with adults and children. She has lectured in counselling and human relations in colleges and universities, including Church Army College, and worked in professional standards for BACP for many years. Margaret enjoyed five years as a College Chaplain and loves being a Methodist Local Preacher in beautiful Derbyshire. Her fervent hope is to enable as many folk as possible to receive and provide reflective space and supervisory support in pastoral ministry in the church and community.

* BACP Snr Acc Trainer scheme ended in 2010

Anissa Chung

BSc, PGCE, MSc Integrative Psychotherapy, PG Dip Supervision; Reg MBACP Accredited Practitioner, UKCP Reg Psychotherapist & Supervisor, APSE



After a career in teaching, Anissa is now an experienced BACP accredited therapist, and a UKCP registered psychotherapist and supervisor. She has a well-established private practice, within which she also offers pastoral supervision to those who work in a church setting. Besides clinical work, she delivers psychotherapy training to MSc level at the Sherwood Institute. She finds it exciting to accompany all who want to explore their own journey, to experience personal and professional growth, and the possibility of transformation.

Chrissie Hosking

MA, BSc, PTSTA, Dip. Supervision; UKCP Reg Psychotherapist & Supervisor, Cert. Coaching & Mentoring, APSE Snr. Acc. Supervisor



Chrissie is an experienced psychotherapist, pastoral supervisor and trainer. She has an independent practice in the East Midlands. Chrissie has experience of using and encouraging others to develop their reflective practice, firstly as an Occupational Therapist in the NHS and voluntary sector, then over the past 10 years she has been involved in offering pastoral supervision / reflective practice to clergy and others involved in pastoral care.

Dr. Ruth Layzell

D. Prof. Pastoral Theology, MA, BA, CQSW; Reg MBACP Accredited Practitioner, UKRCP, APSE, IPSRP Associate



Ruth is also a Co-Director of IPC and a Director at the Sherwood Institute, Nottingham. Ruth has a background in social work, counseling and theological education and has a passion for using psychological and theological skills to resource and support Christians involved in all kinds of pastoral ministry. She has recently completed a doctorate in practical theology looking at the pastoral accompaniment of people experiencing psychological and spiritual extremity.

