



Working towards accreditation and Setting up in Private Practice

A one-day workshop
Saturday 13th April 2019
9.30am – 5.00pm

Working towards accreditation and Setting up in Private Practice

Having supported our trainees through to graduation and celebrated their achievement with them, the Sherwood Institute is committed to supporting new graduates to take their next steps as newly qualified counsellors and psychotherapists. We are also aware that, having been in an intensive training environment for three or four years and making important relationships with trainers and peers, the year or two following graduation can feel a little strange. For these reasons we are offering a day's training in order to support new or relatively recent graduates in preparing for professional accreditation and thinking about setting up in private practice.

The day is in two halves, with professional accreditation workshops in the morning and the 'Setting up in Private Practice' workshop taking place in the afternoon. Graduates will have undertaken either a UKCP or a BACP accredited training programme and thus be completing requirements for professional accreditation with one or other of these bodies. There will therefore be two options in the morning – one being 'Working towards Professional Accreditation with UKCP' and the other 'Working towards Professional Accreditation with BACP' depending on which process applies to you.

Lunch will be included for all participants, but you have the option of coming to part or all of the day. If you opt to come for only one half of the day, you will either end or start with lunch which we hope will give you an opportunity to meet up with colleagues and friends.

We look forward to meeting you again at this event.

£65.00 (full day)
£35.00 (half day)

Fee includes: Lunch and refreshments

For more information or a booking form contact Admissions:

SPTI: The Sherwood Psychotherapy Training Institute
Thiskney House, 2 St James's Terrace, Nottingham. NG1 6FW
Telephone: 0115 924 3994 **Email:** enquiries@spti.net **Website:** www.spti.net



Cost

£35 for half the day and £65 for the full day. Both prices include lunch.

Venue

The Britannia Hotel, 1 St James's St, Nottingham NG1 6BN

Programme

9.30 arrive and coffee/tea
10am Accreditation workshops
11am break
11.30 Accreditation workshops (continued)
1pm lunch
2pm Setting up in private practice
3pm break
3.30 Setting up in private practice (continued)
5pm Close and depart

UKCP Accreditation workshop



Presenter: Michelle Addison Raven

Addison is a UKCP registered psychotherapist who has more than 20 years' experience as a therapist, supervisor and trainer. She has worked within a variety of therapeutic settings and maintains a private practice providing psychotherapy and supervision to individuals, couples, and groups. As Programme Leader and trainer at SPTI, she strives to provide students with a training experience consistent with the philosophical, theoretical, and practical application of their chosen modality whether at Foundation or Postgraduate level. Her interests are wide-ranging and she is co-author of a well-received book aimed at supporting trainee therapists in both their preparation for securing clinical placements and in making the most of this significant aspect of their qualification and professional requirements.

Workshop description

Throughout her thirteen plus years as Programme Leader at SPTI, Addison has supported numerous graduates to secure and maintain their UKCP registration. Drawing from this experience, she is offering a workshop specifically tailored for the needs of new graduates who find themselves ready to secure their initial SPTI graduate membership and UKCP registration. The workshop will provide information about these processes and offer opportunities to explore the content of the 'readiness for UKCP registration' statement which forms a significant aspect of the final Parallel Clinical Obligations Portfolio of evidence. Some consideration will also be given to ways in which to maintain SPTI membership and UKCP registration to ensure first-time registrants are in a position to complete future re-registration processes.





BACP Accreditation Workshop



Presenter: Ruth Layzell

Ruth is currently SPTI's CPD and Graduate Coordinator and was Director of Training and a member of the BSc teaching team until 2016. She is a BACP registered and accredited counsellor with over 25 years' experience as a practitioner and trainer. She has a commitment to supporting graduates in achieving professional accreditation and to attend to their ongoing professional development.

Workshop description

The route towards professional accreditation for our BSc graduates is through BACP, the body who accredits the BSc course. BACP used to offer accreditation workshops to support accreditation applicants, but more recently has made the content of these workshops available online. While this approach to accreditation support may work for some graduates, others will want the relational support of a face to face event in which the accreditation process can be unpacked, questions answered and confidence built, as well as the opportunity for peer dialogue and support. The workshop will offer opportunities to explore how to put together the portfolio of evidence required by BACP and to begin to draft elements of it.

Setting up in Private Practice



Presenter: Jo Bailey

Jo is a UKCP registered Integrative Psychotherapist and Clinical Supervisor working in private practice in Derby with clients presenting with a wide range of issues. She takes direct referrals from individuals as well as taking NHS, EAP and insurance company referrals. Her previous career as a manager in financial services provides her with a wealth of experience in business development, which she applies both in her work as a founding Director of Saynor, Bailey & Fraser Ltd, an organisation committed to improving the wellbeing of people in organisations, and in her therapy and supervision practice.

Workshop description

This workshop will draw on both Jo's clinical and personal experience as a practitioner and supervisor as well as her background in business development. She says: 'I believe that a strong base for private practice, integrating clinical knowledge and a sound business model will provide practitioners with a successful practice. Many of us enter this profession through our own drive to care for others. This workshop aims to support people in meeting their own needs as well as creating fulfilling, non-chaotic practices. I am passionate about the possibilities of psychotherapy in private practice and would like to share my experience to support those of you considering embarking on this endeavour.'

The workshop is designed to help participants explore what kind of private practice they would like to set up and will consider such issues as:

- The statutory requirements for setting up a business and filing accounts
- Where will you work from?
- Where do clients come from?
- Some key considerations for assessments and contracting in private practice
- Day-to-day life as a practitioner- including scheduling and self-care
- Business planning (how to make money)
- Admin requirements



SPTI: The Sherwood Psychotherapy Training Institute
Continuing Professional Development

Working towards accreditation and Setting up in Private Practice - Sat 13th Apr 19

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Name			
Address			
Postcode		Date of Birth	
Where did you hear about the event			
Home Telephone		Mobile	
Email Address			
Any dietary requirements			
Any access requirements e.g. Mobility issues, pre-issue of materials, coloured paper printing etc			
Any Relevant Education/ Training			

Fees: Please make **cheques** payable to **SC&P**. Please state your full name as payment reference.

Bank transfers can be made to **NATWEST**, 134 Front St, Arnold, Nottingham.

Sort code: **54-21-51** Account Number: **30516935**

Please note that places are allocated on a first come, first served basis and the **full fees must be made at the time of submitting the booking form**. In case of withdrawal two weeks or more prior to the course commencement, a full refund will be made (minus an administration fee of **£20**). If withdrawal is made subsequently, student will be liable for the **full amount**.

Please indicate (tick <input checked="" type="checkbox"/>) your fee rate and method of Payment			
SPTI Student / Graduate / Member (Full day attendance inc Lunch)	£65	SPTI Student / Graduate / Member (Ha;f=date attendance inc Lunch)	£35 (am/pm) circle above
I enclose a Cheque	<input type="checkbox"/>	I made a bank transfer (BACS)	Please invoice my employer <input type="checkbox"/>

Communication and Marketing

We may send you marketing information about future SPTI courses, programmes and events. These may be similar or related to those on to which you are enrolling pursuant to this application and will be sent via email. For example, this may include dates for similar or future courses or information regarding other training and progression opportunities.

If you agree to be contacted in this way, please the box: **I agree to be contacted by Email**

By signing below, I confirm that I have read and understood the SPTI privacy notice

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Signed:	Date:
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