



# SPTI Diploma

## Clinical Applications of Trauma Theory from a Relational/Developmental context

### October 2017 - May 2018

The programme is organised in 7 2-day modules (Saturday & Sunday)

**Start Date:** 7<sup>th</sup> October 2017

**Fees:** £2100

**Venue:** Being Therapy Centre, Derby, DE1 1FT

#### What does the training cover?

This is a contemporary training for professionals to develop knowledge and understanding of the processes of trauma, applying a relational/developmental approach to the therapeutic response.

The fundamental aim of the course is to provide practitioners with theoretical and practical exposure to modern views of the field of trauma treatment. This will enable them to become competent exponents and practitioners, deepening their knowledge base philosophically, theoretically and clinically, and from this enabling an integration within their practice.

This training is taught from an overarching Relational/Developmental philosophy as a structure for integration. The relationship is considered to be of prime importance, and the theory is accessed as a means of understanding the client, their experiences, their ways of relating, how they make meaning of their experiences, and the processes occurring within the therapeutic relationship. It encompasses the phenomenological effects of trauma upon the individual in respect of their psychological, physiological, existential, relational and personal self. It considers the psychological processes used by the individual to manage themselves post trauma, be this cumulative or specific. Additionally, we will consider the effects upon the practitioner as a result of working with trauma with the client.

There is a recognition that there may be differences of theoretical approach present among course participants, and a variety of clinical settings. These differences, and similarities are equally valued.

#### For whom is this training?

This training is open to counsellors, psychologists, psychotherapists and those in mental health related fields. This course is suitable for those wishing to expand their current skills and knowledge in working with Trauma. It is suitable for those wishing to incorporate new knowledge and skills, or to expand their current work role, or for those wishing to introduce or to enhance their treatment of trauma within private practice.

#### Entry requirements

No less than 3 years' experience post-qualification at Level 6 and above and the ability to work at post-graduate level as counsellor, psychologist, psychotherapist or mental health professional.



**Overview of the course and learning outcomes:**

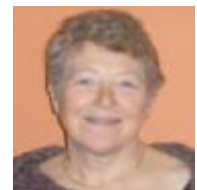
- A contemporary understanding of what trauma is, which includes; PTSD, chronic trauma, specific trauma, cumulative trauma, developmental trauma and intergenerational trauma.
- An understanding of the development and structure of the brain and the neurological and biochemical processes in respect of trauma
- An understanding of the function and process of dissociation in relation to trauma.
- An overview of historical perspectives in the understanding and treatment of trauma
- An understanding of contemporary approaches to addressing traumatic experience
- A consideration of the processes of human development and the impact of trauma upon this
- An appreciation as to how vulnerability and resilience are major factors that influence how people respond to trauma, and how this may impact upon complexity and influence recovery
- A recognition of the centrality of the relational as the healing medium for change
- An identification of the significance of the use of self and the impact upon self when working with trauma
- An examination of recent contributions in the field of trauma studies

**Dr Lorraine Price, Programme Leader:**  
**Also Programme Leader for SPTI Diploma in Clinical Supervision and MSc Integrative Psychotherapy**



Lorraine's qualifications include MA in Integrative Psychotherapy, Diploma in Clinical Supervision, PhD in Psychology, and is an EMDR practitioner. Her professional interests include working with early relational trauma and traumatology. Her publications include psychotherapy journal articles and her book, *Better Late Than Never: The Reparative Therapeutic Relationship in Regression to Dependence*, which reflect her interests. She is currently co-writing another book which looks at working with trauma from a relational/developmental perspective. Lorraine also has a private practice offering psychotherapy and supervision, also working in Co. Meath, Republic of Ireland.

**Rosemary Langford-Bellaby, Programme Leader**  
**Also Tutor for SPTI Diploma in Clinical Supervision and MSc Integrative Psychotherapy**



Rosemary has extensive training and experience as a counsellor, psychotherapist, supervisor and trainer and is trained in both Gestalt Psychotherapy and Integrative Psychotherapy. She has completed additional elements of training in Transactional Analysis, Behavioural Therapy and Client-Centred Counselling and completed a second MA in Theology and Pastoral Care. Rosemary has been tutor and trainer in a range of capacities: formerly as tutor on the Counselling Programme at St. John's Theological College in Nottingham, as Head of Training at SPTI and currently as tutor on SPTI's Diploma in Supervision and MSc in Integrative Psychotherapy. She has a particular interest in trauma from a relational/developmental perspective and is currently co-authoring a book in this area. She is accredited with the UKCP and runs a private practice working with individuals, couples and groups.



# The Sherwood Psychotherapy Training Institute Academic Year 2017/18

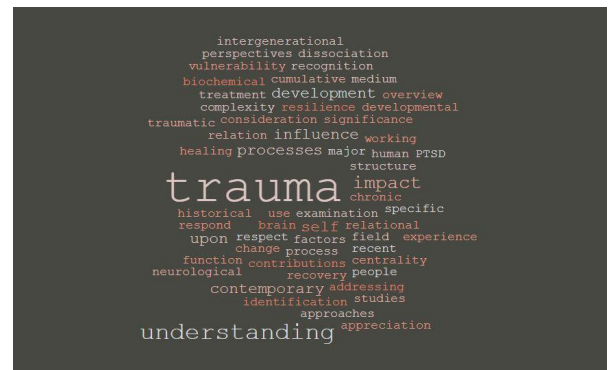
## Handbook

All course participants will be provided with a course handbook, which has workshop details, code of ethics, assessment forms, assignment titles, submission requirements, and a reading list.

## Course Format and Dates

The taught component of training runs over 7 weekends (Saturday and Sunday) (9.30 – 17.00), total 14 days, 91 hours. Starting Oct 2017, ending May 2018

- Workshop 1:** 7<sup>th</sup> & 8<sup>th</sup> October 2017
- Workshop 2:** 18<sup>th</sup> & 19<sup>th</sup> November 2017
- Workshop 3:** 9<sup>th</sup> & 10<sup>th</sup> December 2017
- Workshop 4:** 20<sup>th</sup> & 21<sup>st</sup> January 2018
- Workshop 5:** 24<sup>th</sup> & 25<sup>th</sup> February 2018
- Workshop 6:** 7<sup>th</sup> & 8<sup>th</sup> April 2018
- Workshop 7:** 5<sup>th</sup> & 6<sup>th</sup> May 2018



## Parallel Clinical Obligations

- Evidence of 50 hours of trauma related therapy work
- Evidence of 25 hours of trauma related supervision
- Submission of course material

## Assessment

Course participants are required to complete one process report (5000 words), one written assignment (5000 words), have fully paid all course fees and attend a minimum of 100% of the course.

## 2017-18 Fees

The tuition fee is **£2100\***

*\*Fees can be paid by standing order in 4 bi-monthly instalments commencing on 20<sup>th</sup> September 2017 and continuing onwards: 20<sup>th</sup> Nov, 20<sup>th</sup> Jan and Mar 2018. Deposits are required as soon as possible to secure offered places. Early acceptances are advised to avoid disappointment as secured places are available on a first come, first served basis.*

Fee	Deposit		Instalment Charge	Remaining Fee	Instalment Frequency	4 x Payments
£2100	<b>£300.00</b>	£1,800	<b>£60.00</b>	£1,860.00	<b>4</b>	<b>£465.00</b>

As places are limited on this course, please can interested applicants contact Admissions immediately in order to secure a place.

For more information, please contact  
**SPTI Admissions** on **0115 844 7904**  
or email [admissions@spti.net](mailto:admissions@spti.net)