



SPTI Diploma in Clinical Supervision

Friday 9th February 2018
Professional Training in Supervision

Academic Level: Equivalent to Postgraduate-7
Validation: SPTI Certificate
Start Date: Friday 9th February 2018
Attendance: 9:30-16:30 Fri, Sat and Sun

Dr Lorraine Price, Programme Leader:
SPTI Diploma in Clinical Supervision
MSc Integrative Psychotherapy



Lorraine's original career was in the Civil Service and Local Government, eventually specialising in staff training. It was through this role that she became interested in psychology and counselling and undertook a PG Dip in Counselling, followed by the Masters programme in Integrative Psychotherapy at the Institute, completing her SPTI studies with the Diploma in Clinical Supervision. After working on the Integrative programme as a tutor, she became the MSc Integrative Programme Leader in 2010. It has been a journey that she continues to cherish. Her aim as Programme Leader is to help others to develop in their chosen career and become professional and ethical practitioners who are assets to the profession. As well as teaching, Lorraine runs a busy private practice of Psychotherapy and Supervision and is an EMDR practitioner. Lorraine successfully completed her Research Doctorate in Psychology in 2014, studying the effects and treatment of early infantile trauma upon clients in psychotherapy and therapeutic regression. She has had two Psychotherapy journal articles published.

Rosemary Langford-Bellaby, Former Head of Training
Tutor: SPTI Diploma in Clinical Supervision
Tutor: MSc Integrative Psychotherapy



Rosemary has extensive training and experience as a counsellor, psychotherapist, supervisor and trainer and is trained in both Gestalt Psychotherapy and Integrative Psychotherapy, and has completed additional elements of training in Transactional Analysis, Behavioural Therapy and Client-Centred Counselling. She was previously course leader of the Person-Centred Counselling programme at The Sherwood Institute. In all of the different trainings Rosemary related to her interest in the interface between spirituality and psychology. She has been a tutor on the Counselling Programme at St. John's Theological College in Nottingham and completed a second MA in Theology and Pastoral Care. In addition to psychotherapy training, Rosemary has trained as a supervisor and trainer and currently tutors on the Supervision training at SPTI. Prior to this Rosemary was a qualified Psychiatric Nurse and has more than twenty years' experience working in the NHS, including a specialist role as a Nurse Therapist. She is accredited with the UKCP and runs a private practice working with individuals, couples and groups.



The Sherwood Psychotherapy Training Institute
2017/18 SPTI Diploma in Clinical Supervision

Why choose the Sherwood Institute?

The provision of high quality supervision is now, more than ever a high priority for training organisations, especially those registered with accrediting bodies. Many statutory and voluntary organisations look for suitably trained and qualified supervisors to support the work of the practitioner.

By choosing to complete the Diploma in Clinical Supervision with SPTI, you can be confident that you will be receiving a comprehensive and In-depth training provision where we have fantastic attendance levels and student retention of 100%. Our course is delivered by highly experienced and qualified trainers and represents outstanding CPD value.

SPTI has, and continues to work closely with UKCP in all areas of continuing professional development including the UKCP Register of Supervisors. **Rosemary Langford-Bellaby** SPTI Training Manager, and Tutor for both the Diploma in Clinical Supervision and the MSc Integrative Psychotherapy has been involved from the onset.

We also appreciate that combining clinical work alongside the Diploma can be demanding, therefore, our students are permitted an extended period to accumulate the required clinical hours required for the training.

Supervision Registers

UKCP Registered Psychotherapists, upon successful completion of the SPTI Diploma are eligible to progress without delay onto the **UKCP** Directory of Approved Supervisors due to SPTI being a Member Organisation of UKCP. Successful completion leads to **automatic nomination** to the UKCP Register of Supervisors unlike our competitor courses where access to UKCP register would only be granted via a lengthy grand-parenting agreement.

BACP Accredited Counsellors can also be confident that the SPTI Diploma training content demonstrates over and above the requirements required for BACP Supervision training. <https://www.bacp.co.uk/research/resources/supervision-curriculum.php>

SPTI Programme

Our programme consists of 15 training days over 5 weekends and offers an SPTI Diploma in Clinical Supervision (taught at academic level 7) from one of the largest UKCP accrediting member organisations.

This course is suitable for those wishing to expand their current skills and knowledge in working with people in a supervisory capacity. It is suitable for those wishing to incorporate new knowledge and skills, or to expand their current work role, or for those wishing to introduce or to enhance supervision within private practice.

The course is based on both a relational and a developmental approach, and includes:

- Creating an effective working alliance.
- The learning styles of supervisees.
- Styles of interventions – which styles suit which supervisee's.
- Parallel process in supervision, including transference, counter-transference and projective identification.
- Advanced ethical issues.



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Module	Title	Content
1	Contracting, purpose and functions of Supervision.	What is supervision? Understanding the purpose, roles and functions of supervision and of the supervisor. Establishing and developing the working alliance. Macro and Micro contracting. Developing a personal philosophy for supervision.
2	Developmental models, learning styles and supervisory responses.	Personal and professional development of the supervisee, learning styles and interventions. Functions and modes of supervision.
3	A relational and developmental route to supervision. Working with unconscious processes.	Human development and its relationship to supervisee development. Transference, countertransference, projective identification and parallel processes.
4	Ethics.	Course academic requirement. Legal responsibilities, multi-media and technology. Multi-cultural Issues, anti-oppressive practice. Interpersonal process recall (IPR).
5	Ethical decision making. Endings.	Ethical decision making models. Planned and unplanned endings, supervisory responses and responsibilities.

Delivery Method

The programme is organised in five 3-day modules (Friday - Sunday).

Training Dates

These are also available to download from our website, via the link below:

<http://spti.net/Downloads/TrainingDates/17DSUP-Dates.pdf>

	Fri 9.30 – 16.30	Sat 9.30 – 16.30	Sun 9.30 – 16.30
Workshop 1	Fri 9 th Feb 2018	Sat 10 th Feb 2018	Sun 11 th Feb 2018
Workshop 2	Fri 13 th Apr 2018	Sat 14 th Apr 2018	Sun 15 th Apr 2018
Workshop 3	Fri 11 th May 2018	Sat 12 th May 2018	Sun 13 st May 2018
Workshop 4	Fri 8 th Jun 2018	Sat 9 th Jun 2018	Sun 10 th Jun 2018
Workshop 5	Fri 13 th Jul 2018	Sat 14 th Jul 2018	Sun 15 th Jul 2018

Applicant Profile

Personal qualities, commitment and motivation are of the utmost importance when considering an applicant's suitability for this course.

Entrance Requirements

A qualification at an equivalent level to UKCP registered psychotherapist or BACP registered counsellor, plus two years of post-qualification experience are usually necessary.

Applications

Application forms and reference forms can be downloaded from our website. Applicants are required to request and submit two references directly to the Institute.

<http://www.spti.net/training/application.shtml>



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2017-18 Tuition Fees

The tuition fee is **£2252***

*Fees can be paid by standing order in 4 bi-monthly instalments commencing on 20th Jan 2018 and continuing 20th Mar, 20th May and 20th Jul. Deposits are required as soon as possible to secure offered places. Early acceptances are advised to avoid disappointment as secured places are available on a first come, first served basis.

Fee	Deposit		Instalment Charge	Remaining Fee	Instalment Frequency	4 x Payments
£2252	£300.00	£1,952	£60.00	£2,012.00	4	£503.00

Clinical Requirements

Diploma Students are required to **receive**:

- a) a minimum of **25 hours'** supervision of their work as a supervisor, from an accredited Supervisor

Diploma Students are required to **provide**:

- b) a minimum of **50 hours'** supervision of supervisees.

These two criteria must be completed prior to submission of the written component for the required completion of the training.

External examination

- **Component 1:** Theoretical Competency **Component 2:** Clinical Competency

Reading List

Applicants can opt to read the following prior to the commencement of training

- **Gilbert, M. C. & Evans, K.** (2000). *Psychotherapy Supervision: an Integrative Relational Approach to Psychotherapy Supervision*. Buckingham: Open University Press.
- **Hawkins, P &, Shohet, R.** (2000). *Supervision in the Helping Professions*. Open University Press
- **Shohet, R.** Ed. (2007). *Passionate Supervision*. London: Jessica Kingsley Publishers
- **Woskett, V.** (1999) *The Therapeutic Use of Self: Counselling Practice, Research and Supervision*



For more information contact SPTI
Admissions 0115 8447904 or email

admissions@spti.net